

Rush University Medical Center

# Hepatitis Delta: An Update in Epidemiology, Screening and Therapy

**10<sup>th</sup> Annual Update on Liver Disease:  
An Multidisciplinary Approach  
March 2023**

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# Agenda:

- 1 Outline the natural history and epidemiology of HDV
- 2 Discuss current screening guidelines for HDV
- 3 Describe current standard of care therapy for HDV and future treatment options

## Disclosures

- Consultation: AbbVie, Gilead, Arbutus, Intercept, Salix
- Research Support: AbbVie, Gilead

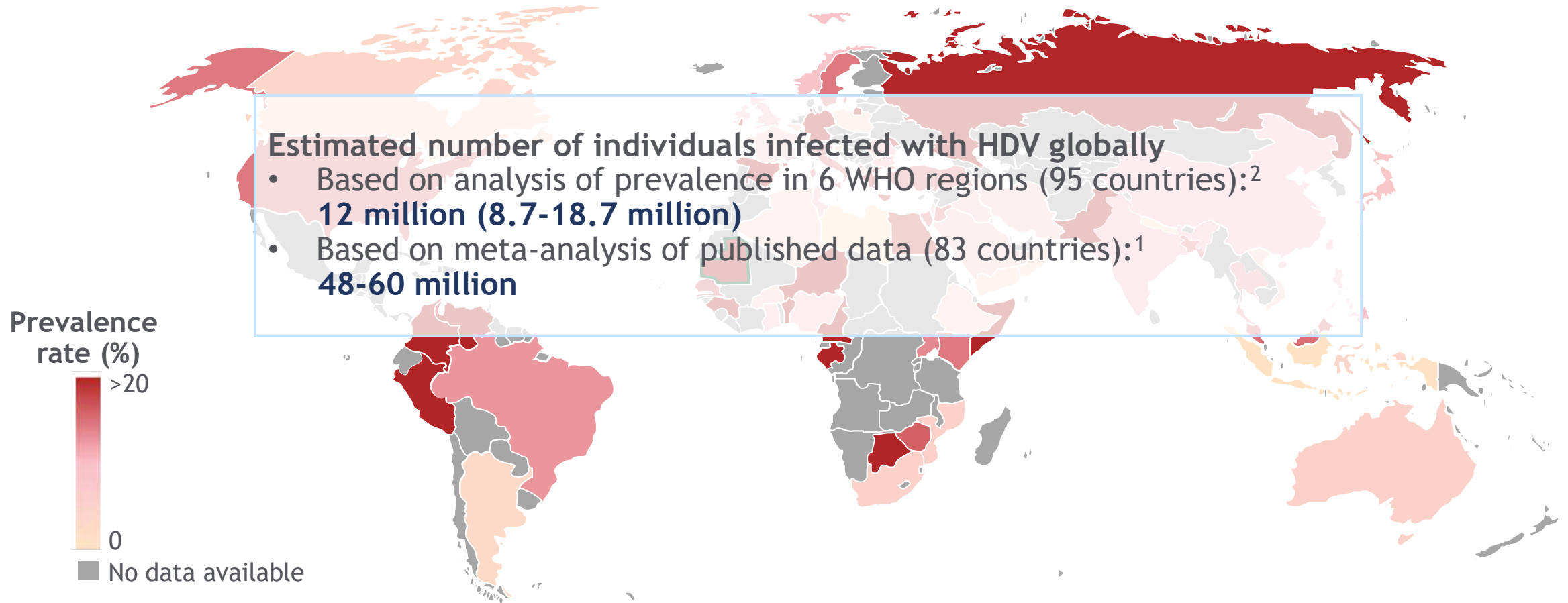
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**1**

**Epidemiology and Natural History**

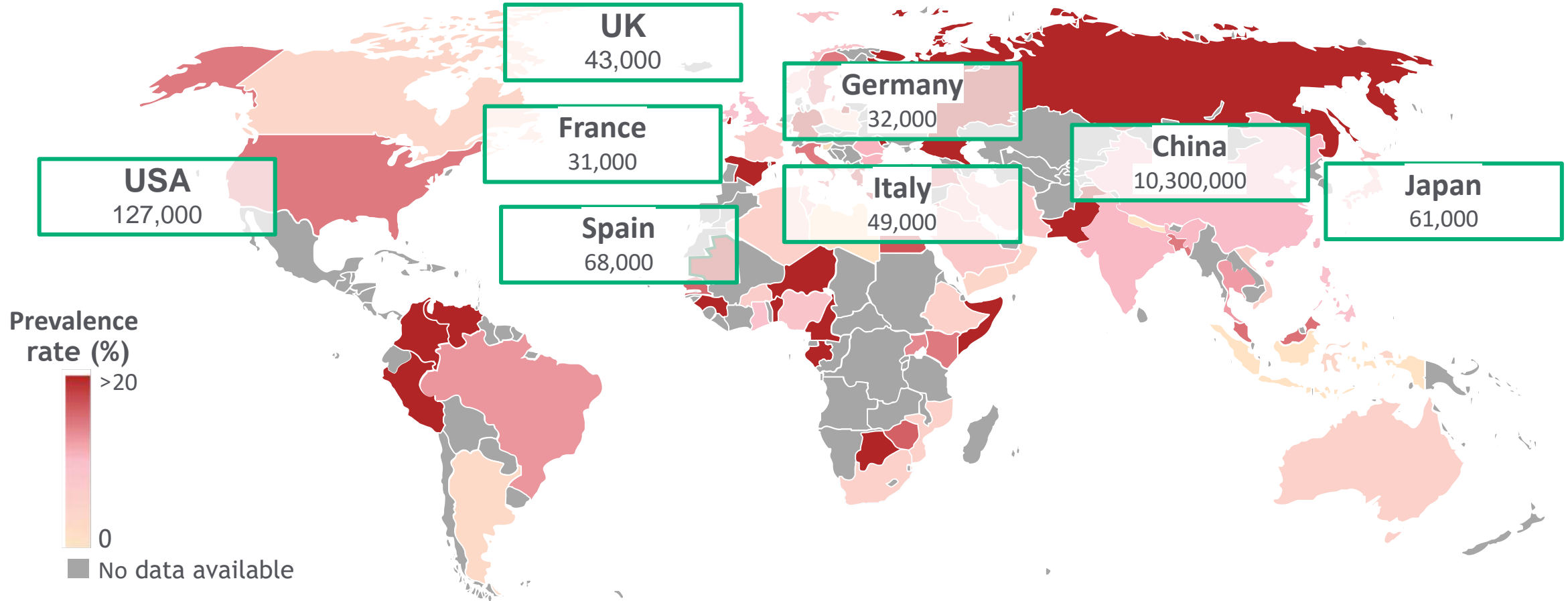
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# Approximately 4.5%-13% of HBsAg-positive Carriers Co-infected With HDV<sup>1</sup>



# Estimated number of individuals with HDV in selected countries

An estimated 48-60 million people are infected with HDV worldwide



Numbers shown are patient numbers, ie prevalence of HDV in HBsAg-positive patients.

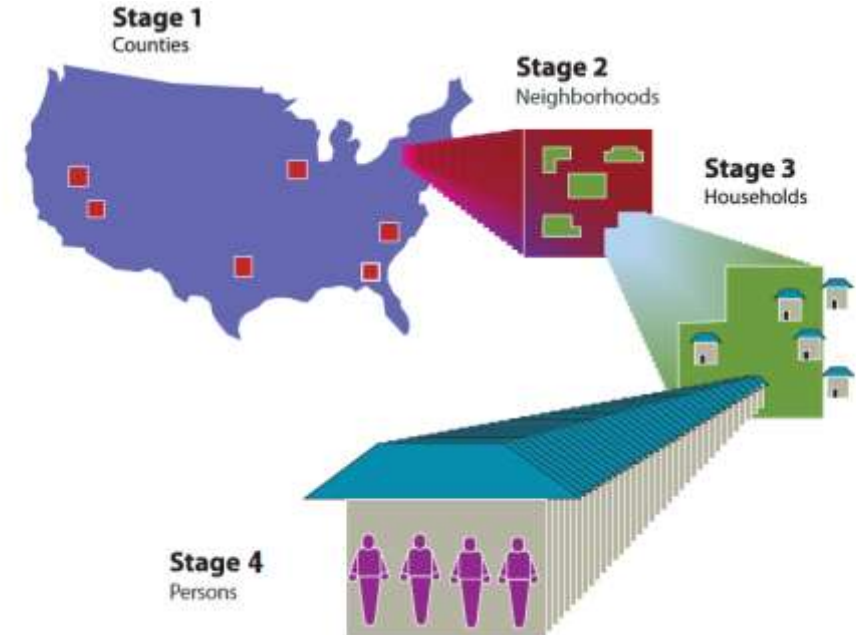
# Antibodies to delta antigen in asymptomatic HBsAg positive blood donors in the United States in 1979





- 1,915 asymptomatic blood donors with HBsAg from 49 of 57 regions of the American Red Cross (nine geographic regions of the US and Puerto Rico)
  - Tested for delta antigen, anti-delta, HBeAg and anti-HBe
  - 72 (3.8%) sera had anti-delta activity while none had a detectable level of delta antigen.
- **Geographic variation:**
  - Higher prevalence of anti-delta (12.1%) was found in San Jose, California (Pacific Region)
  - Low prevalence (1.4%) East South Central region covering Alabama, Kentucky, Mississippi and Tennessee
  - Not associated with age, sex or blood type of the donor



# National Health and Nutrition Examination Survey

- NHANES designed to assess the health and nutritional status of adults and children in the United States.
- Major program of the National Center for Health Statistics (NCHS) - part of the Centers for Disease Control and Prevention (CDC) - and has the responsibility for producing vital and health statistics
- Began in 1960s and has been conducted as a series of surveys focusing on different population groups or health topics.
- The survey examines a nationally representative sample of about 5,000 persons each year. These persons are located in counties across the country, 15 of which are visited each year.



-  All the counties in the United States are divided into 15 groups based on their characteristics. One is selected from each group and together they form the 15 counties in the NHANES survey for the year.
-  Within each of the 15 NHANES counties, smaller groups (such as neighborhoods) are formed, and between 20 and 24 of these small groups are selected.
-  All the houses or apartments within those selected small groups are identified, and a sample of about 30 households are chosen within each group.
-  NHANES will contact the selected household and ask a short set of questions (age, race, and gender) about everyone in the household.



# NHANES evaluate US Prevalence of HDV

## Prevalence of hepatitis delta infection in the United States: National Health and Nutrition Examination Survey, 1999-2012

- Participants with a positive test for hepatitis B core antibody + hepatitis B surface antigen → antibody to HDV .
- Data on 71,916 individuals were obtained, with 52,209 (72.6%) receiving HDV testing.
- The overall prevalence of HDV in the United States was 0.02% (10/52209), with a mean age of 52.1 ± 14.0 years and 60% males

**0.02% of 52,209 HBsAg+**

Estimate made using 113 HBsAg +

## Prevalence of Hepatitis B and Hepatitis D Virus Infections in the United States, 2011–2016

- Among 21, 832 adults in the 2011-2016 NHANES the estimated prevalence of HBsAg was 0.36% overall and 3.4% in non-Hispanic Asians.
- Prevalence of anti-HDV among persons aged ≥6 years was **0.11% (79% were foreign born)**
- **Among adult HBsAg carriers, 42% had antibodies to hepatitis delta virus (anti-HDV).**

Prevalence of Ongoing Hepatitis B Virus Infection and Seroprevalence of Hepatitis D Virus Infection in the Noninstitutionalized US Civilian Population Aged ≥18 Years—National Health and Nutrition Examination Survey, 2011–2016

Characteristic	No. Tested	Overall Adult Population			Anti-HDV			Anti-HDV Among Adult HBsAg Carriers
		No. Positive	% (95% CI)	P Value	No. Positive	% (95% CI)	P Value	% (95% CI)
Total	16 143	113	0.36 (0.29–0.46)		43	0.15 (0.10–0.23)		42 (29–56)

# Given geographic variation- this may not be representative

Estimate made using 113 HBsAg +

Prevalence of hepatitis D Virus  
 States: National Health and Nutrition Survey, 1999-2012

○ Participants with antibody + hepatitis HDV .

○ Data on 71,916  
 52,209 (72.6%)

○ The overall prevalence was 0.02% (10, 14.0 years and

Race/ethnicity <sup>b</sup>				<.001			<.001
Asian, non-Hispanic	1964	70	3.37 (2.62–4.32)		29	1.51 (1.03–2.20)	45 (30–60)
Other races/ethnicities	14	43	0.19 (0.14–0.25)		14	0.07 (0.03–0.16) <sup>a</sup>	39 (19–63)
Birthplace				<.001			<.001
US born	11	33	0.16 (0.10–0.24)		9	0.05 (0.02–0.15) <sup>c</sup>	33 (13–63) <sup>a</sup>
Foreign born	4916	80	1.30 (0.96–1.76)		34	0.60 (0.40–0.90)	46 (33–60)

0.02%

D Virus

16

16 NHANES the  
 0.36% overall

ns aged ≥6 years

and antibodies to

Hepatitis D Virus Infection in the  
 National Health and Nutrition Examination Survey, 2011–

Anti-HDV Among Adult HBsAg Carriers	
P Value	% (95% CI)
	42 (29–56)

0.46)

0.23)

Njei, B., Do, A. and Lim, J.K. (2016), Prevalence of hepatitis delta infection in the United States: National Health and Nutrition Examination Survey, 1999-2012. *Hepatology*, 64: 681-682. <https://doi.org/10.1002/hep.28279>

Patel et al *Clin Infect Dis*. 2019 Aug 15; 69(4): 709–712.

# Delta hepatitis within the Veterans Affairs medical system in the United States: Prevalence, risk factors, and outcomes

- Nationwide retrospective study of all veterans who tested positive for HBsAg from October 1999 to December 2013.
- **Only 8.5% of 25,603 with positive HBsAg were tested for anti-HDV of which 3.4% (73/2175) were positive**
- 8.2% (6/73) of underwent confirmatory PCR testing.
  - Fitting a predefined high-risk profile (abnormal ALT with suppressed HBV DNA titers) was strongly associated with testing positive for HDV (OR 3.2, 95%CI 1.4–7.5).
  - Most (59%) of HDV-positive patients were HCV co-infected.

Variable	Unadjusted OR (95% CI)	p value
Age (per 1 year increase)	0.99 (0.99-1.00)	0.49
White	1.2 (1.1-1.3)	<0.001
Male	1.8 (1.4-2.3)	<0.001
HBeAg tested	12.3 (9.1-12.2)	<0.001
Anti-HBe tested	8.9 (7.8-10.0)	<0.001
HBV DNA tested	3.8 (3.5-4.2)	<0.001
HCV Ab tested	2.2 (1.9-2.5)	<0.001
HIV tested	2.6 (2.3-2.8)	<0.001
HBcIgM tested	2.1 (1.9-2.3)	<0.001
HBcIgM*	3.0 (2.6-3.5)	<0.001
HBeAg*	1.7 (1.6-1.9)	<0.001
HCV Ab*	0.86 (0.76-0.97)	0.014
Alcohol abuse	0.50 (0.45-0.55)	<0.001
Substance abuse	1.2 (1.0-1.3)	0.007
Cirrhosis	2.5 (2.2-2.8)	<0.001
High risk profile*	1.3 (1.1-1.5)	0.002
Oral nucleoside therapy	3.1 (2.9-3.4)	<0.001
Interferon therapy	2.4 (1.9-3.1)	<0.001
Specialty care (GI/ID)	3.3 (3.0-3.6)	<0.001
Gastroenterology/hepatology	4.0 (3.7-4.5)	<0.001
Infectious disease	2.4 (2.1-2.7)	<0.001

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# Populations at High Risk of HDV Infection

## Groups at high risk of HDV infection (in order of greatest risk)<sup>1</sup>

People who inject drugs  
Commercial sex workers  
Men who have sex with men  
HCV-infected individuals  
Cirrhosis patients  
HIV-infected individuals  
HCC patients  
Hemodialysis recipients

## Additional factors contributing to increased HDV prevalence<sup>2,3</sup>

Migrants from endemic countries

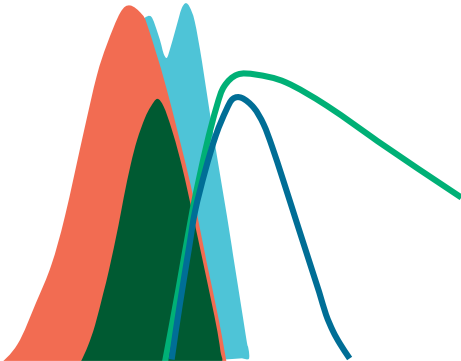
No HBV vaccination - If patient receives and responds to HBV vaccination it will prevent HDV

Mother to baby - HDV transmission via this route is rare, but increases risk of HBV

1. Stockdale. J Hepatol. 2020;73:523. 2. <https://www.who.int/news-room/fact-sheets/detail/hepatitis-d>.  
3. <https://www.cdc.gov/hepatitis/hdv/hdvfaq.htm#section1>

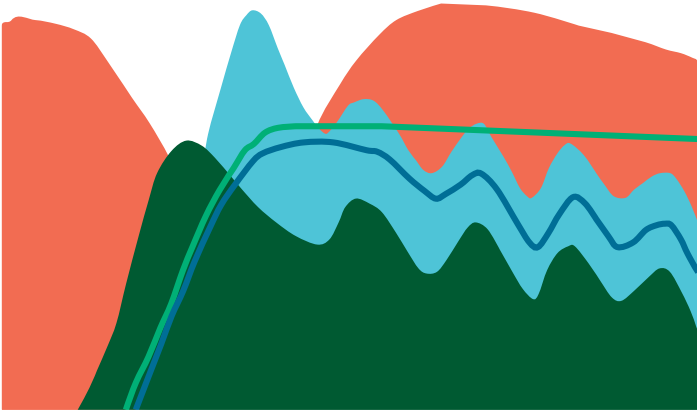
# HBV and HDV Serology Varies Depending on Timing of HDV Infection

**Simultaneous Coinfection With HBV and HDV**  
 Usually results in spontaneous clearance of both viruses



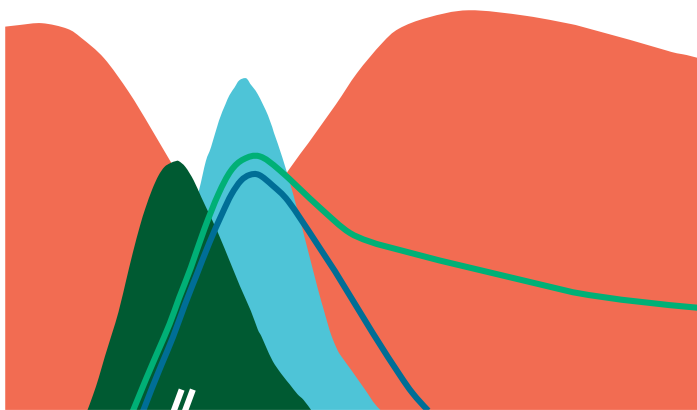
Time after exposure (weeks)

**HDV Superinfection in HBV Carrier**  
 Usually results in persistent viral replication



Time after exposure (weeks)

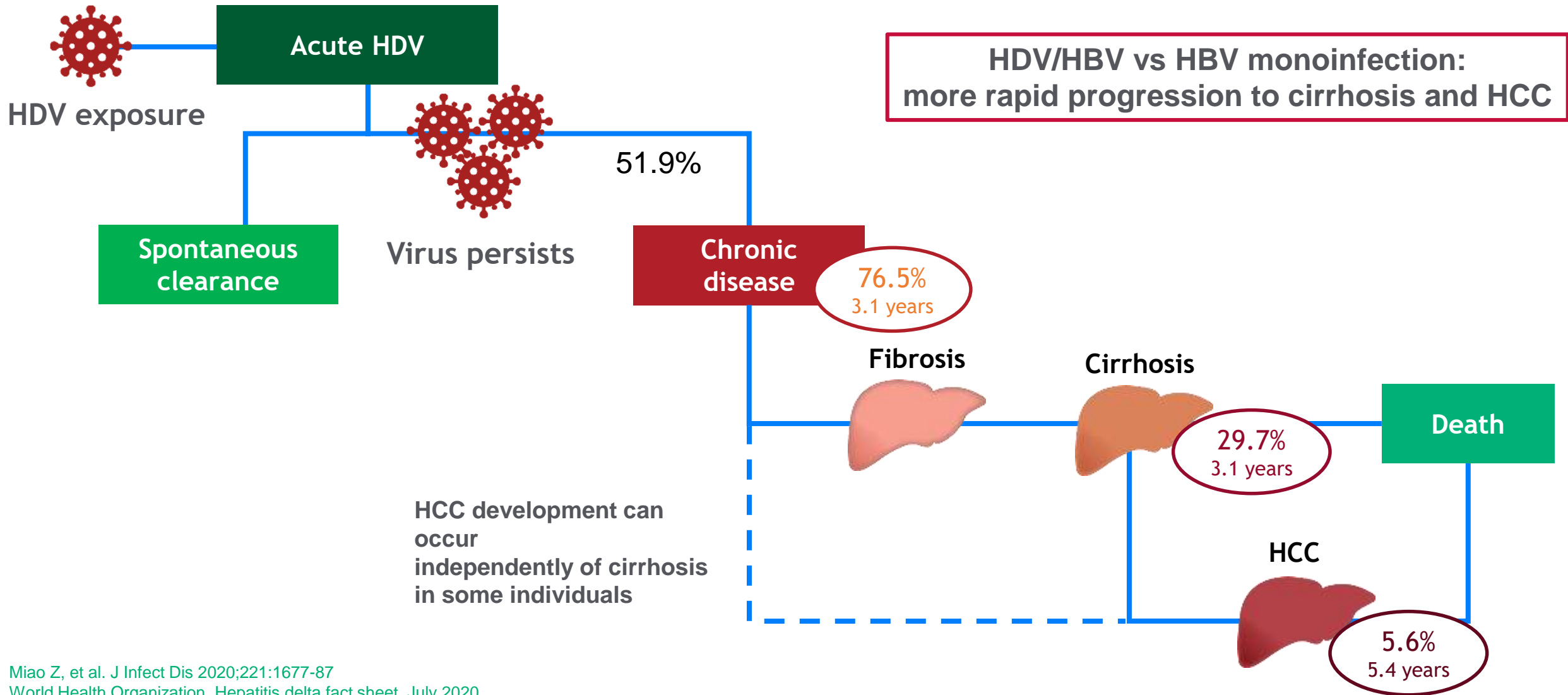
**HDV Superinfection in HBV Carrier**  
 May occasionally result in HDV RNA clearance after many yrs



Time after exposure (weeks)

- HBsAg
- HDV RNA
- ALT
- Anti-HDV IgG
- Anti-HDV IgM

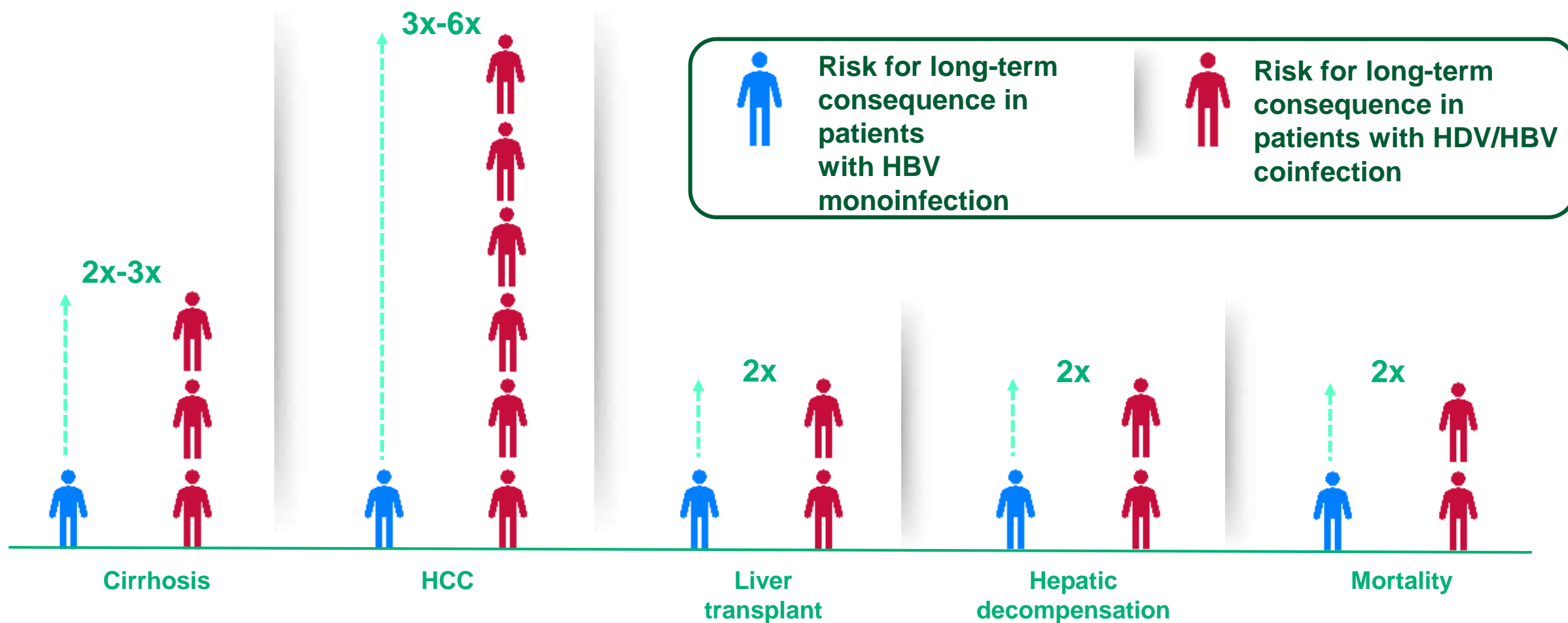
# Clinical Course of Hepatitis Delta



Miao Z, et al. J Infect Dis 2020;221:1677-87  
 World Health Organization. Hepatitis delta fact sheet. July 2020.  
<https://www.who.int/news-room/fact-sheets/detail/hepatitis-d>. Accessed March 2021.

HBV: hepatitis B virus; HCV: hepatitis C virus; HCC: hepatocellular carcinoma; HDV: hepatitis delta virus.

# Increased Risk for Long-term Consequences of Viral Hepatitis in Patients With HDV/HBV Coinfection vs HBV Monoinfection



Disease progression in chronic HBV is not linear, and HCC can develop in the absence of cirrhosis.

Da BL, et al. *Gastroenterol Rep (Oxf)*. 2019;7(4):231-245.



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**2**

**Screening and Diagnosis**

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# Testing Recommendations for HDV

## WHOM TO TEST?

## HOW TO TEST?

**AASLD<sup>1</sup>**  
(2018)

- HBsAg+ patients with HDV risk factors
- Low/undetectable HBV DNA and high ALT

- Anti-HDV
- HDV RNA

**EASL<sup>2</sup>**  
(2017)

- All patients infected with HBV

NO RECOMMENDATION

**APASL<sup>3</sup>**  
(2016)

- Patients with chronic HBV and chronic liver disease

- HDAg or Anti-HDV
- HDV RNA

**WHO<sup>4</sup>**  
(2015)

NO RECOMMENDATION

- Anti-HDV
- HDV RNA

# AASLD Recommendations for HDV Testing in Clinical Practice<sup>1</sup>

## HBsAg-positive persons at high risk for HDV infection who should be screened



- Persons born in regions with reported high HDV endemically<sup>a</sup>
  - Africa (West Africa, horn of Africa)
  - Asia (Central and Northern Asia, Vietnam, Mongolia, Pakistan, Japan, Taiwan)
  - Middle East (all countries)
  - Eastern Europe (Eastern Mediterranean regions, Turkey)
  - South America (Amazonian basin)
  - Other (Greenland)



- Persons who have ever injected drugs
- MSM
- Individuals infected with HCV or HIV
- Persons with multiple sexual partners or any history of sexually transmitted disease
- Individuals with elevated ALT or AST with low or undetectable HBV DNA

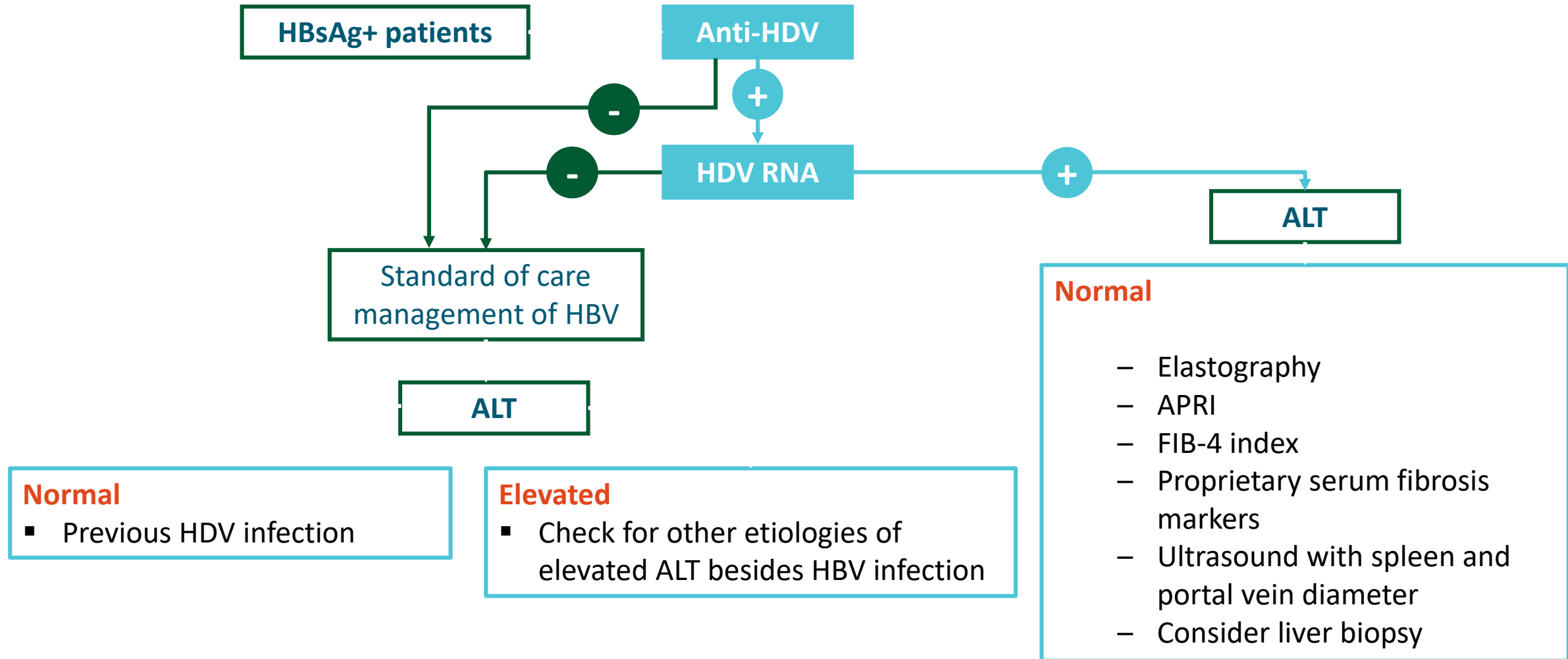


Given the challenges of using risk-based screening, universal screening of all HBsAg-positive persons may be a reasonable alternative.



NORAH TERRAULT AND MARC GHANY<sup>2</sup>

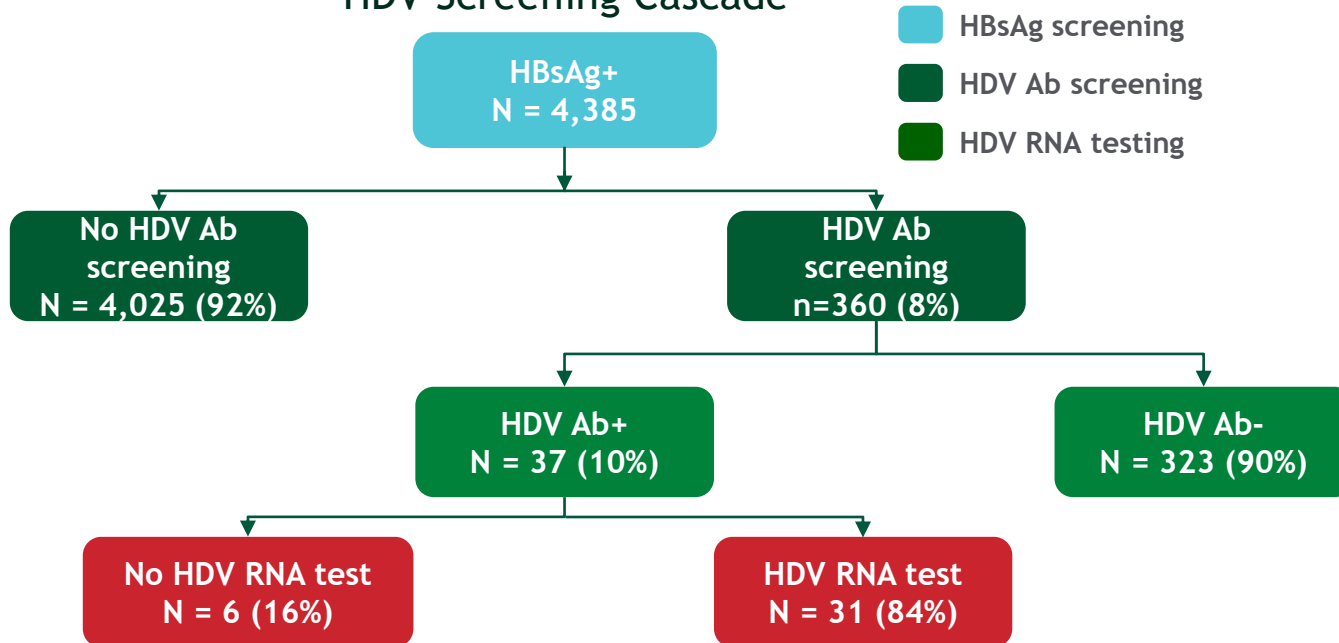
# Algorithm for the Evaluation of HDV



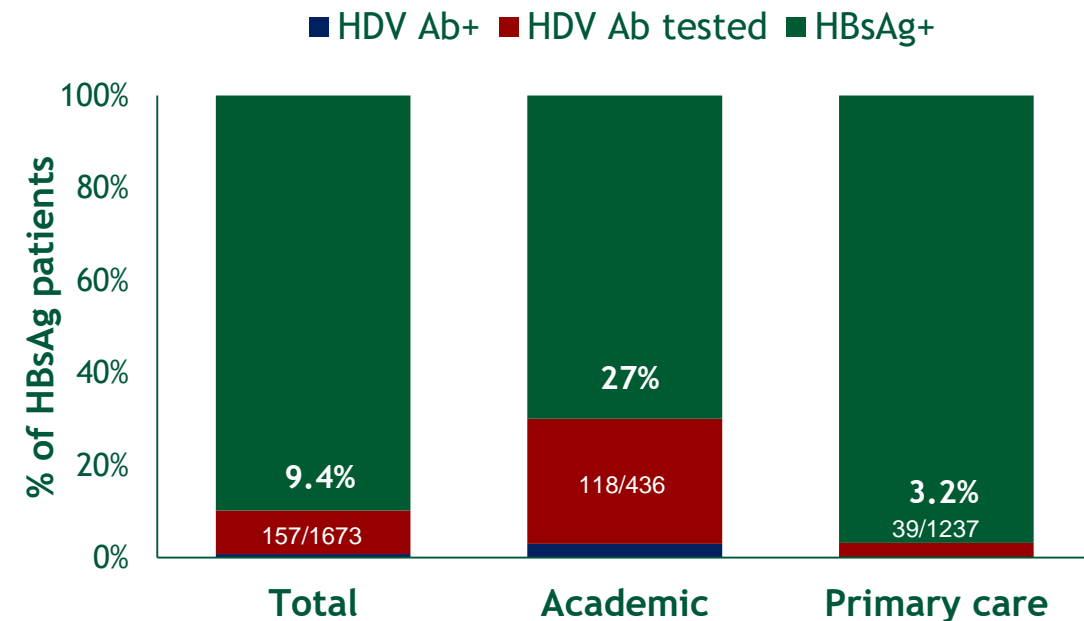
# Screening of HDV in HBsAg+ Patients in Barcelona – Are EASL Guidelines Implemented?

Retrospective analysis of HBsAg+ serum samples from a central laboratory in Barcelona from January 2015 to May 2021

## HDV Screening Cascade



## HDV Ab Screening in Academic and Primary Care Post EASL Guidelines 2017

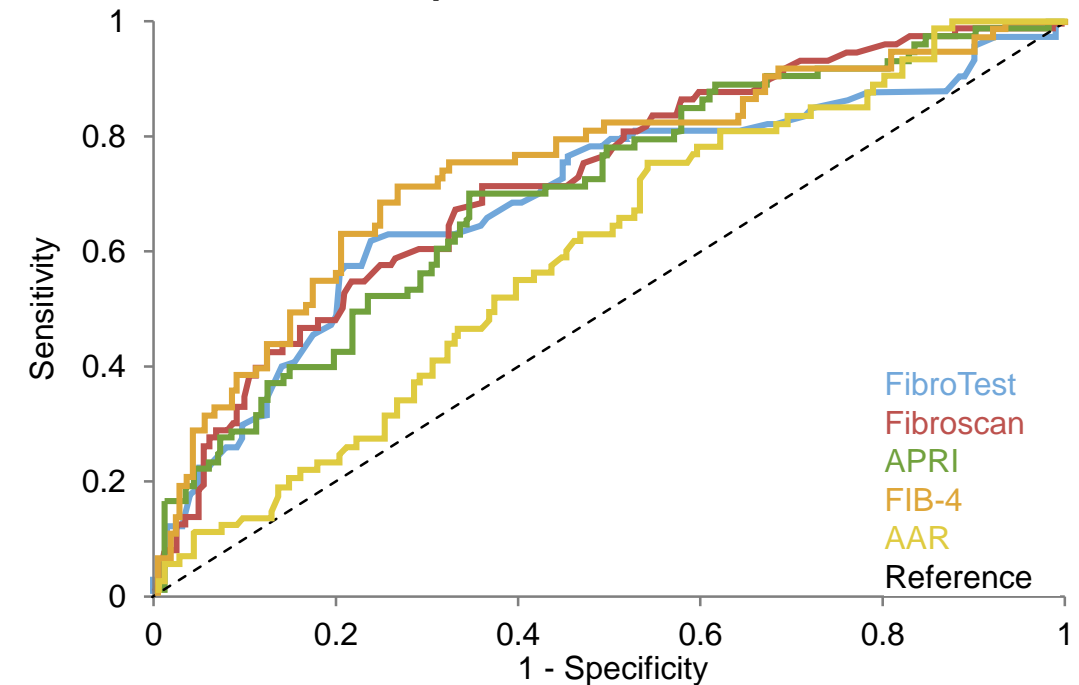


# Limited utility of noninvasive tests for prediction of biopsy-proven cirrhosis in chronic hepatitis D infected patients: Insights from the D-LIVR trial

Diagnostic accuracy of noninvasive tests for prediction of cirrhosis

	Cut-off	Cirrhosis n (%)	No cirrhosis n (%)	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)	Correctly classified n (%)
FibroTest	>0.74	27 (30.7)	19 (8.6)	30.7	91.4	58.70	76.72	228 (74.0)
	≤0.74	61 (69.3)	201 (91.4)					
Fibroscan	>13 kPa	36 (46.8)	34 (19.9)	46.8	80.1	51.43	76.97	173 (69.8)
	≤13 kPa	41 (53.2)	137 (80.1)					
APRI	>2	25 (27.2)	22 (9.3)	27.2	90.7	53.19	76.24	240 (72.9)
	≤2	67 (72.8)	215 (90.7)					
FIB-4	>3.25	27 (29.3)	18 (7.6)	29.3	92.4	60.00	77.11	246 (74.8)
	≤3.25	65 (70.7)	219 (92.4)					
AAR	>1	12 (12.9)	22 (9.3)	12.9	90.7	35.29	72.64	227 (68.8)
	≤1	81 (87.1)	215 (90.7)					

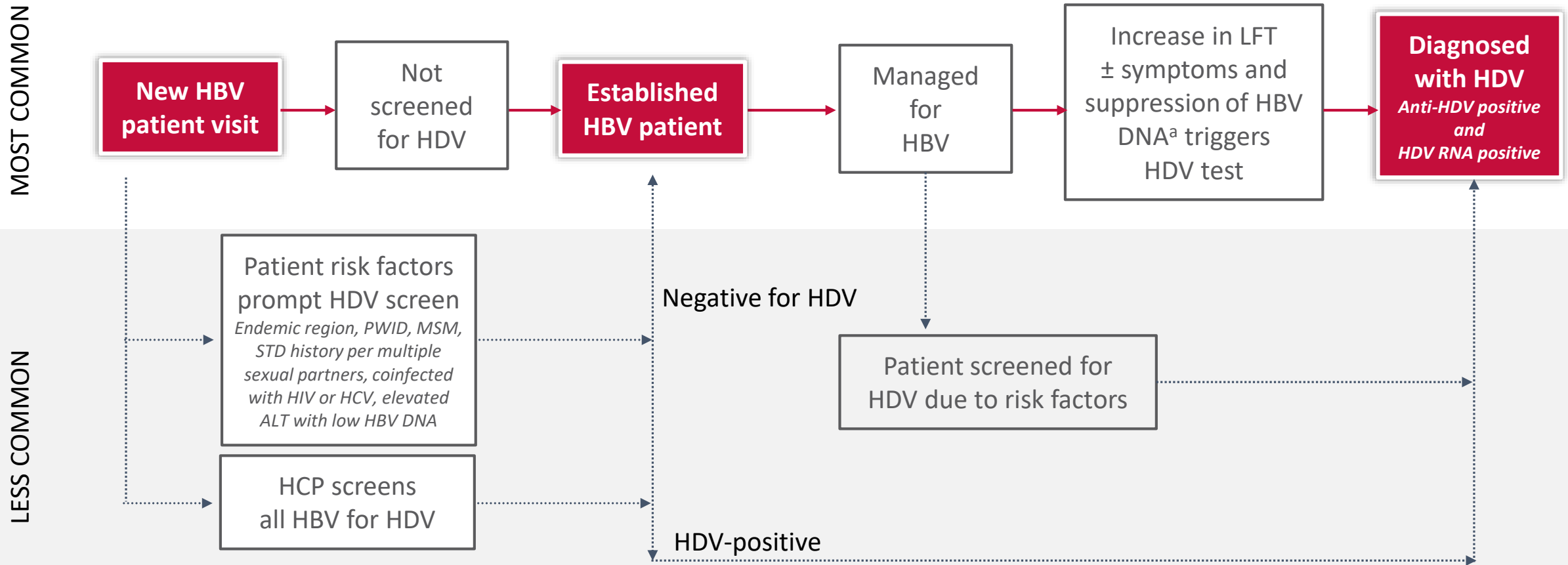
ROC comparison for noninvasive tests



- Noninvasive tests alone or in combination inferior to liver biopsy in identifying HDV cirrhotics, correctly classifying 75% of cases
- Cut-off adjustment of individual noninvasive tests does not improve accuracy
- Correct classification of cirrhotic vs non-cirrhotic patients using optimized cutoffs (YI) was best achieved by FIB-4 (73%), followed by FibroTest (71%), LSM and APRI (65%) and AAR (53%)

Pairwise comparisons	Fibroscan	APRI	FIB-4	AAR	
FibroTest	Diff in area	0.03	0.01	0.05	0.09
	P	0.45	0.81	0.13	0.08
Fibroscan	Diff in area		0.02	0.02	0.12
	P		0.63	0.56	0.008
APRI	Diff in area			0.04	0.10
	P			0.048	0.04
FIB-4	Diff in area				0.14
	P				<0.001

# The HDV Patient Journey in the United States



**In the United States, the patient's journey from screening through monitoring reveals many opportunities to improve the HDV cascade of care**

HCP=healthcare provider; LFT=liver function test; MSM=men who have sex with men; STD=sexually transmitted disease.

<sup>a</sup>Due to treatment or HDV dominance.

Internal data. Gilead Sciences, Inc.

# The HDV Patient Journey in the United States

MOST COMMON

New HBV patient visit

Increase in LFT

Diagnosed with HDV  
Anti-HDV positive and HDV RNA positive

LESS COMMON

Patient promoted to Endemic STD / sexual with H ALT

H all

The HDV Care Cascade is dependent on identifying and appropriately managing an individual with HBV

In the many opportunities to improve the HDV cascade of care

HCP=healthcare provider; LFT=liver function test; MSM=men who have sex with men; STD=sexually transmitted disease.

<sup>a</sup>Due to treatment or HDV dominance.

Internal data. Gilead Sciences, Inc.



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**3**

**Therapy**

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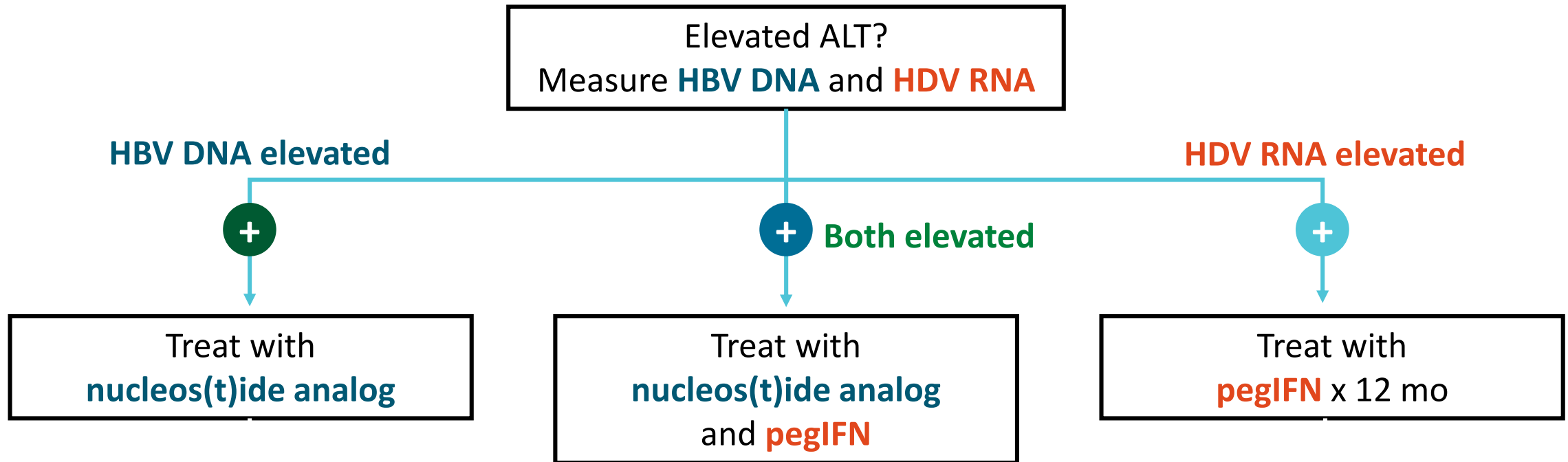
# Back to BC

- BC continues to feel well
  - HBsAg positive, HBV DNA negative
  - HDV-Ab positive -→ HDV PCR positive
  - RUQ US without mass
  - Fibroscan with stage 4 fibrosis
- What can we do now?
  - Screen for HCC at 6 month intervals!
  - Consider therapy for HDV +/- HBV

# Guidelines... they're coming

- Prior standard of care was PEG

# AASLD Guidance: HDV Treatment Options



- Nucleos(t)ide analogs have no efficacy against HDV infection

- Treatment success with pegIFN at Wk 24 ranges from 23% to 57%
- PegIFN contraindicated in decompensated cirrhosis

- PegIFN contraindicated in decompensated cirrhosis

# PEG-INFa and HDV

- On-treatment virologic response rates 17–47%.
- 25% HDV RNA negative 24weeks after treatment cessation
- Late relapses beyond week 24 > 50% of responders
  - Monitor all HDV patients as long as HBsAg detectable
  - HBsAg loss in approximately 10% of PegIFNa patients
- Neither NAs nor ribavirin showed significant effects on HDV RNA levels in patients with HDV infection.

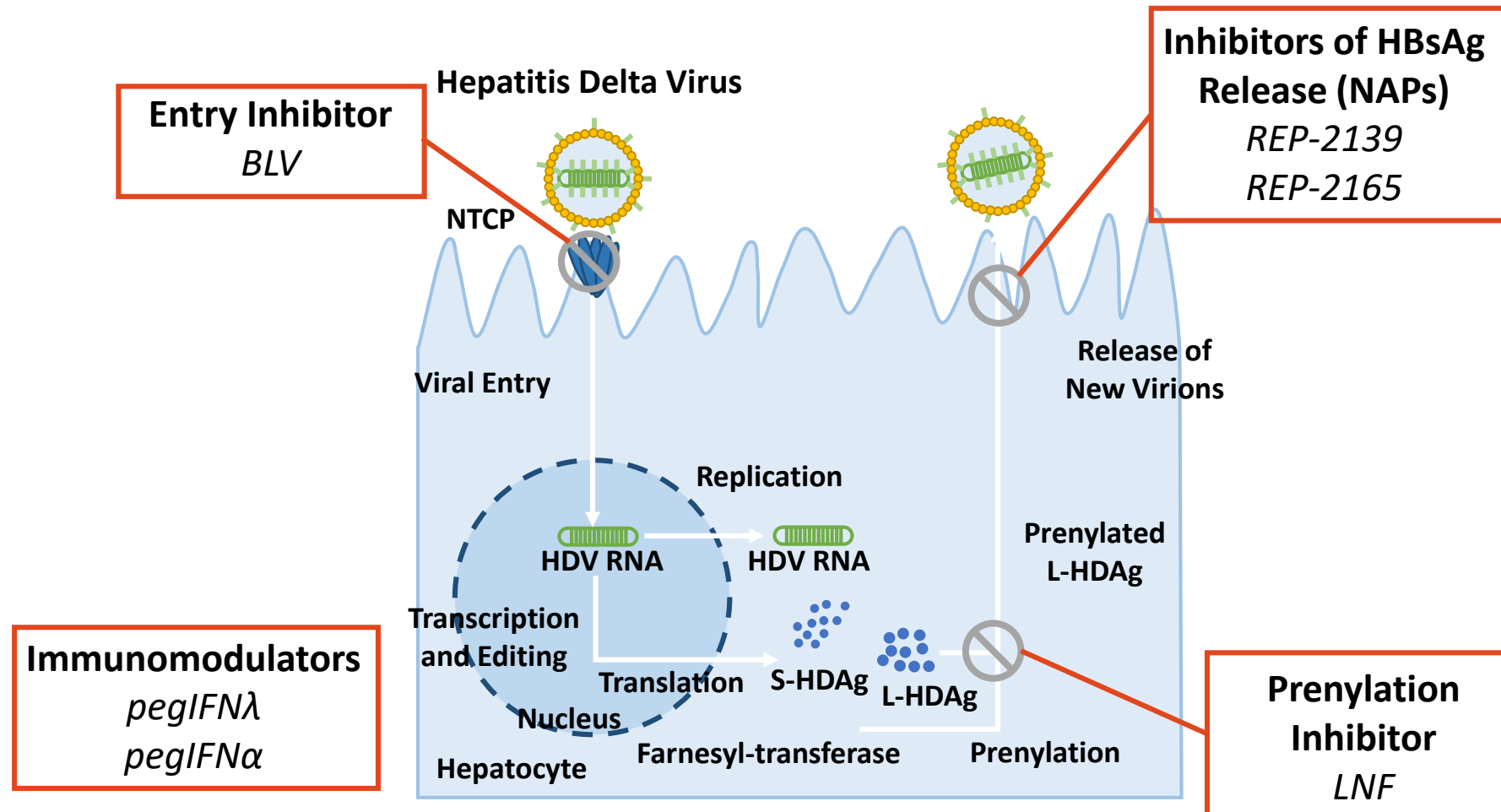
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**4**

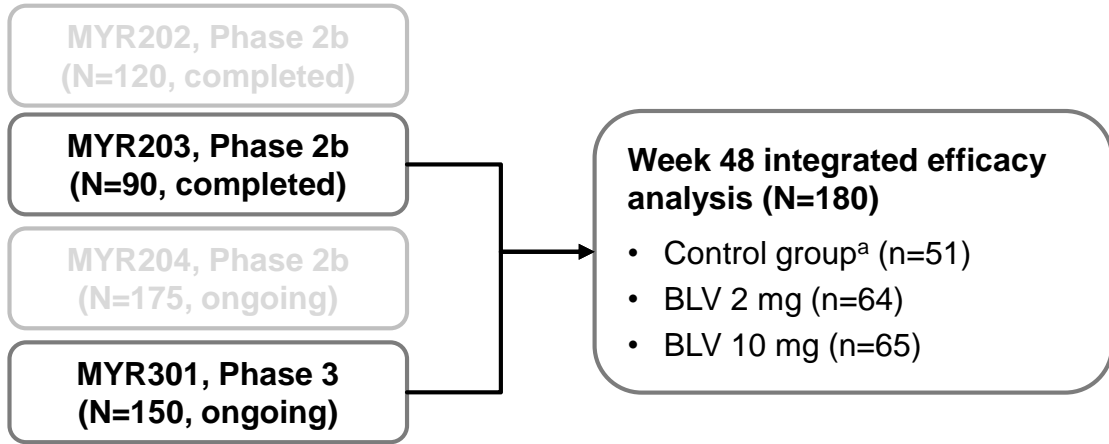
**The Future**

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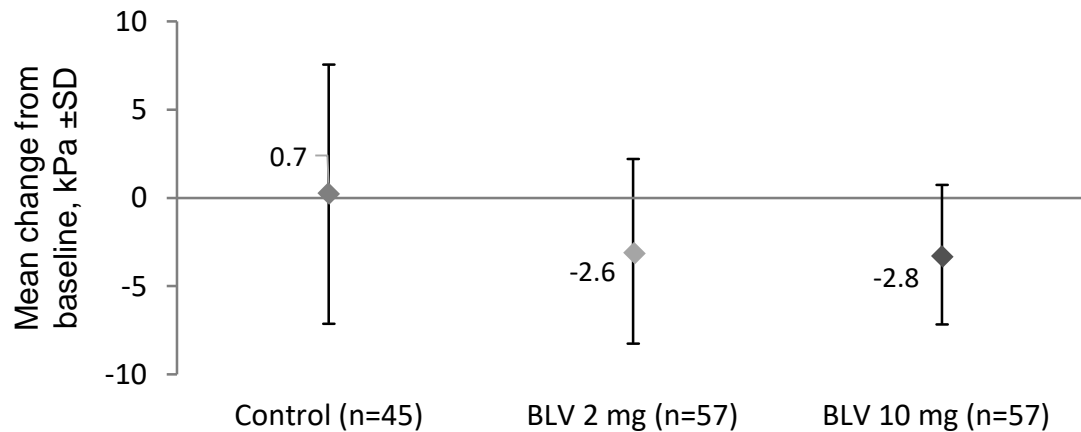
# Therapeutic Targets for HDV Infection



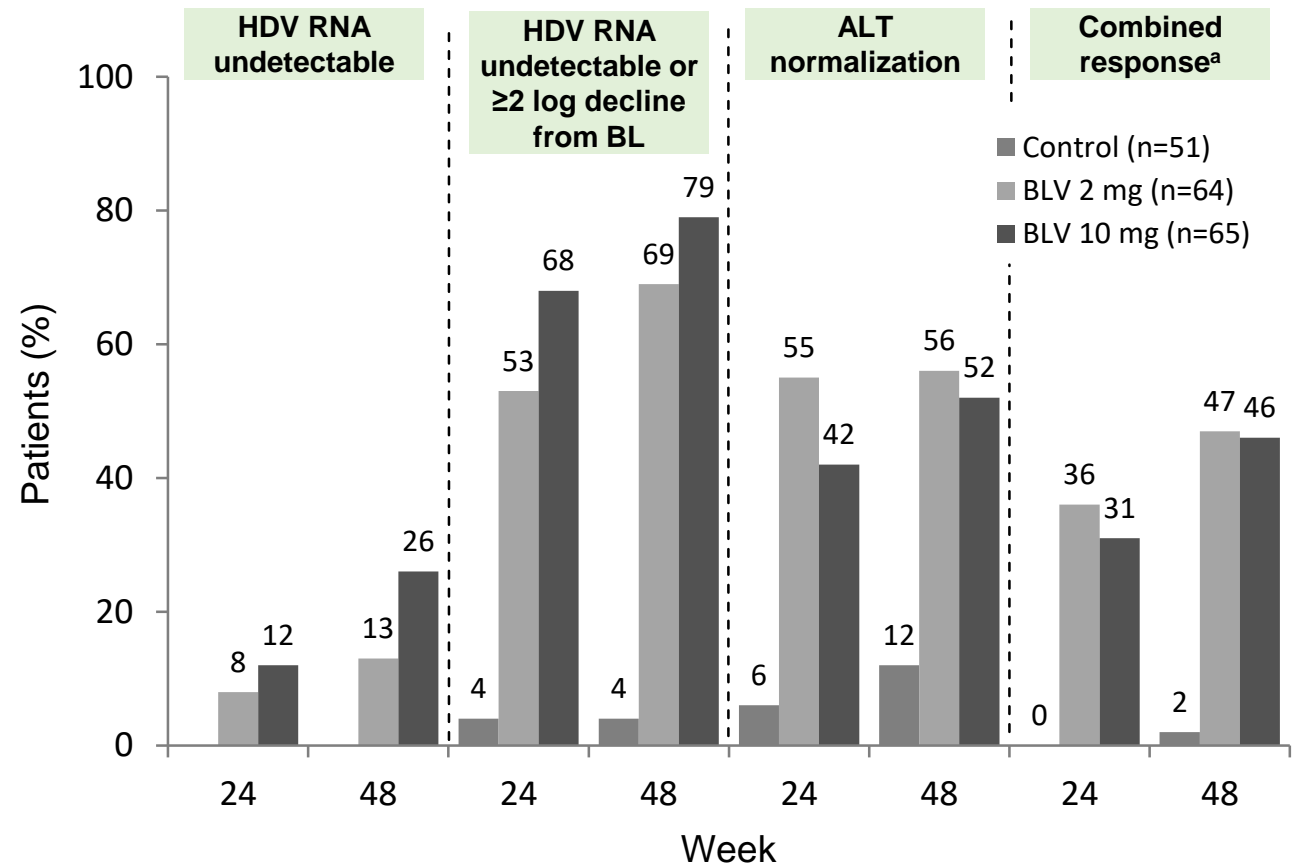
# 48-week integrated efficacy of bulevirtide monotherapy in Phase 2 and 3 trials for CHD



## Change from baseline in liver stiffness at Week 48



## Virological and biochemical responses through Week 48

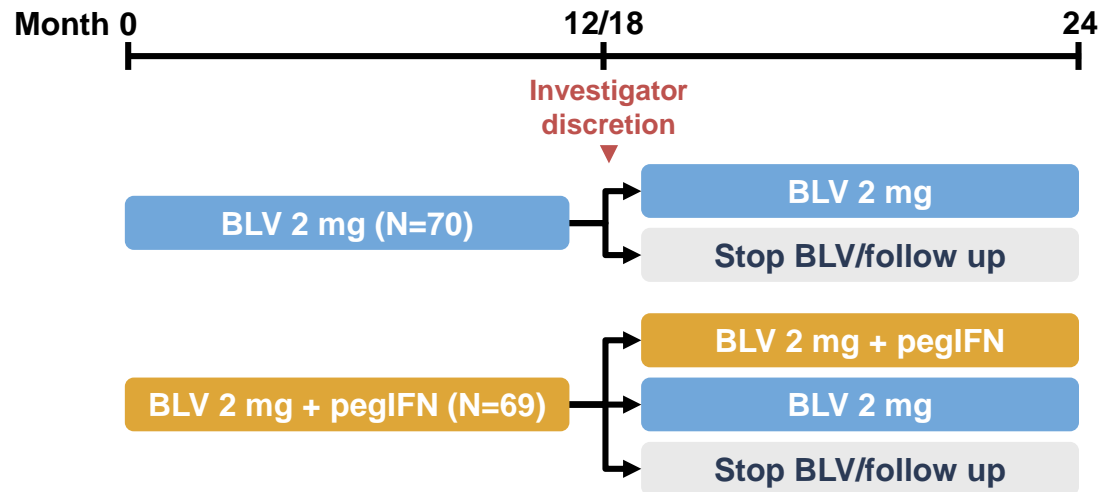


<sup>a</sup>Undetectable HDV RNA or 2 log decline from baseline and ALT normalization  
Lampertico P, et al. AASLD 2022. Poster #1024. Sponsored by Gilead Sciences, Inc.



# Real-world efficacy and safety of up to 2 years' bulevirtide treatment with or without pegIFN in HDV-infected patients enrolled in the French multicenter early access program (cATU)

- Eligibility criteria: Compensated cirrhosis or severe liver fibrosis (F3) or F2 fibrosis with persistent ALT > 2 ULN for ≥ 6 months
- Multicenter, nonrandomized, open-label, observational, prospective study



## Primary endpoint

- Undetectable HDV RNA or ≥ 2 log IU/mL decrease from baseline and normal ALT (FDA criteria)

## Secondary endpoints

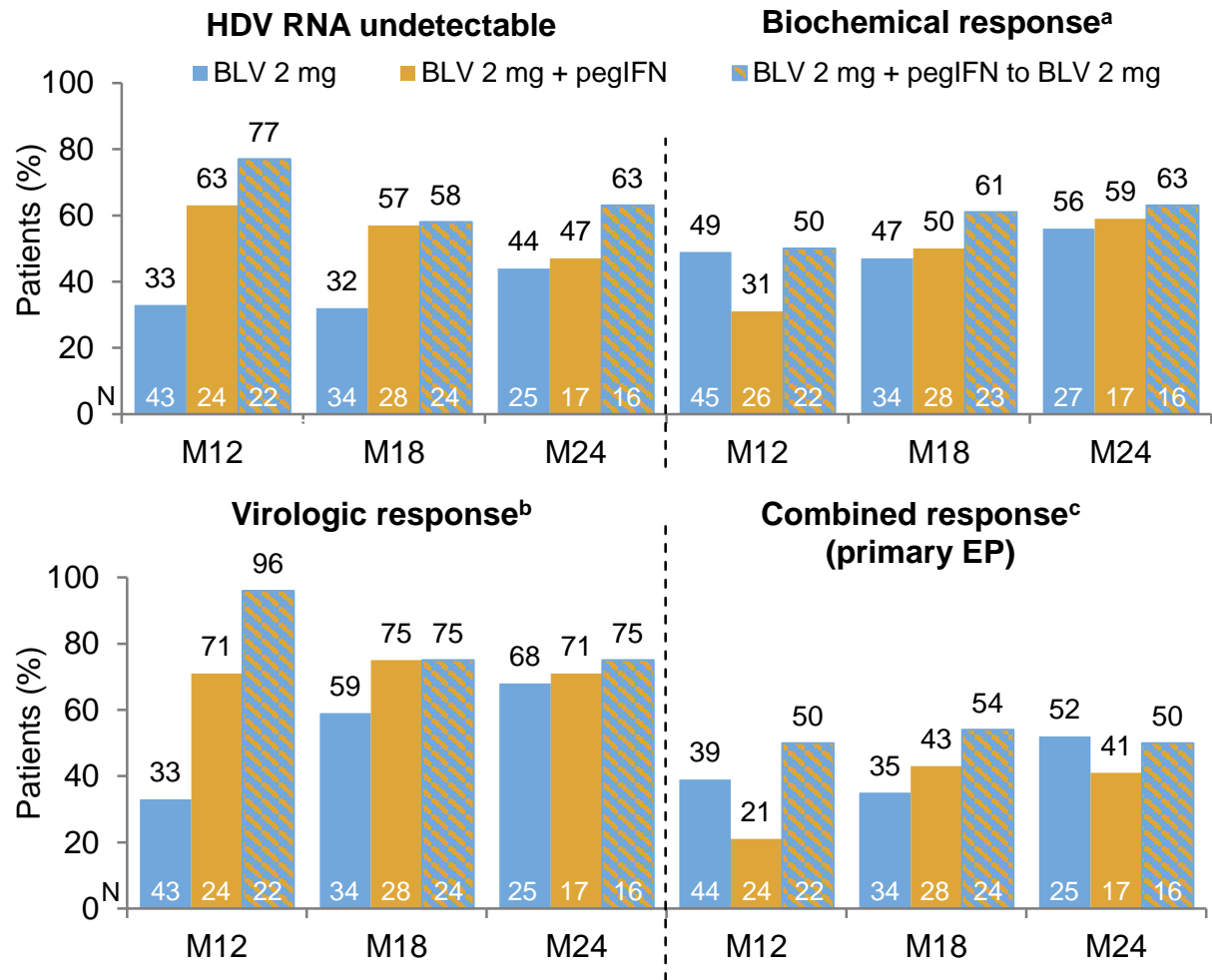
- HDV RNA undetectable from BL to Months 12, 18, and 24
- ALT normalization (< 40 IU/L)
- Virologic response at Months 18 and 24

## Baseline characteristics

	BLV 2 mg (N=70)	BLV 2 mg + pegIFN (N=69)
Age, years	42 ± 12	40 (11)
Male	50 (71)	45 (65)
Continent of birth		
Europe	47 (67)	35 (52)
Africa	21 (30)	32 (48)
BMI, kg/m <sup>2</sup>	25.9 ± 5.0	25.1 ± 6.0
Cirrhosis	44 (63)	42 (61)
Liver stiffness, kPa	16.7 ± 14.0	13.3 ± 9
ALT, IU/mL	94 ± 54	124 (97)
Median HDV RNA, log <sub>10</sub> IU/mL (IQR)	6.52 (1)	6.52 (1)
HDV DNA undetectable	46 (71)	40 (64)
HBeAg positive	6 (9)	7 (11)
Current NUC treatment	56 (80)	51 (74)
HIV infected	13 (19)	6 (9)

Data are mean ± SD or n (%) unless specified

# French early access program (cATU): On-treatment responses to bulevirtide with or without pegIFN among HDV-infected patients



- BLV+PEG provides minimal-to-no benefit over BLV alone
- Still insufficient data for definition of futility rules

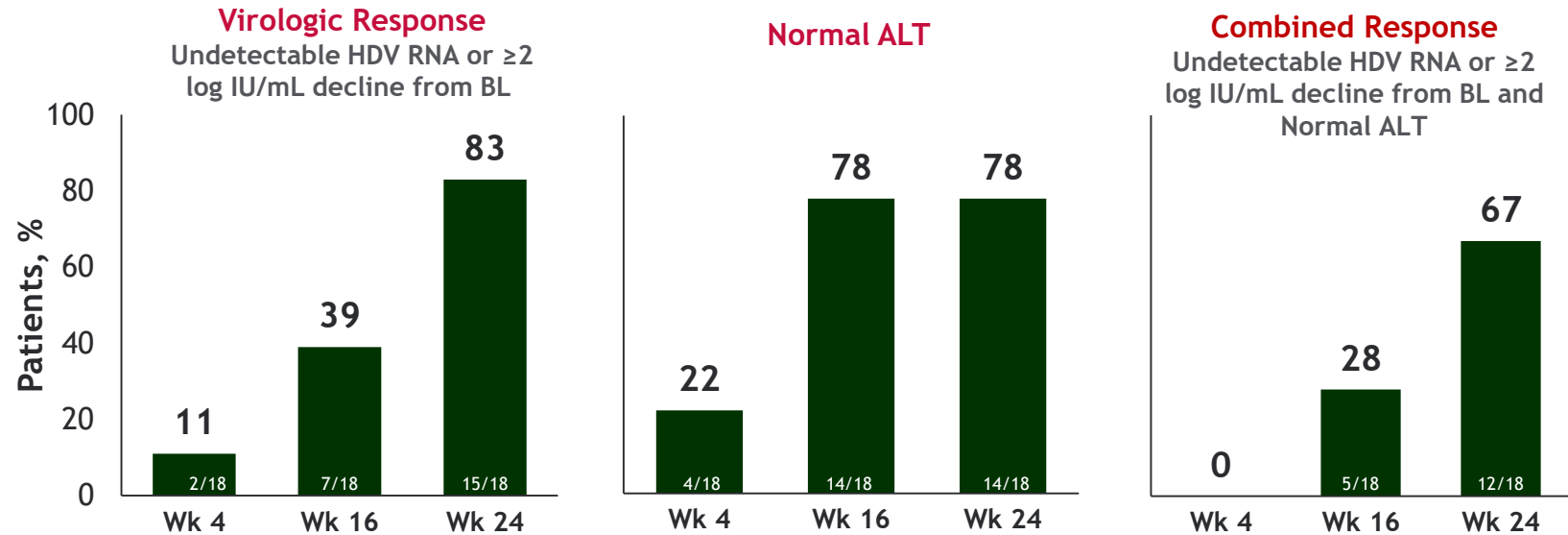
<sup>a</sup>Normalized ALT; <sup>b</sup>Undetectable HDV RNA or  $\geq 2$  log decrease from baseline; <sup>c</sup>Undetectable HDV RNA or  $\geq 2$  log decline from baseline and normal ALT  
De Ledinghen V, et al. AASLD 2022. Oral #28.



# Real World Effectiveness of BLV 2mg in HDV Patients with Advanced Cirrhosis

Prospective, single center, real-world study of BLV 2 mg monotherapy

Characteristics	n=18
Age, years*	48 (29-77)
Male, n (%)	12 (67)
Caucasian, n (%)	18 (100)
HDV GT 1, n (%)	18 (100)
Compensated cirrhosis, n (%)	18 (100)
Child-Pugh A6, n (%)	4 (28)
CSPH features, n (%)	17 (94)
Esophageal varices, n (%)	14 (78)
Fibroscan, kPa*	16.4 (7.8-57.8)
Platelets, 10 <sup>3</sup> /mmc	70 (37-227)
Active HCC, n (%)	2 (11)
Current TDF or ETV, n (%)	18 (100)
Previous IFN, %	12 (67)
ALT, U/L*	106 (32-222)
HDV RNA, log IU/mL*	4.9 (3.3-3.6)



**Safety Profile**  
 No adverse events, No injection site reactions, or No BLV discontinuations  
 No new safety signals

Real world effectiveness of BLV monotherapy in patients with clinically significant portal hypertension. BLV 2mg was well tolerated, including in patients with advanced cirrhosis, active HCC and with platelets <60,000/mmc\*\*.

CSPH=clinically significant portal hypertension.

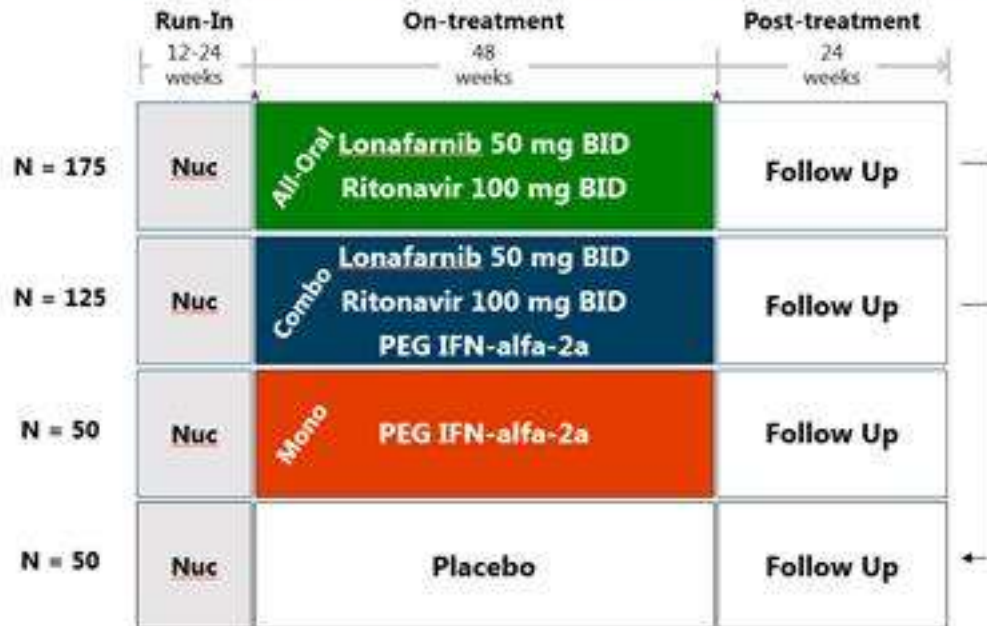
Virologic response, HDV RNA undetectable or  $\geq 2$  log IU/mL decline from baseline. Combined response, HDV RNA undetectable or  $\geq 2$  log IU/mL decline and ALT normalization from baseline.

\*median (range) ; \*\* 33% of patients had platelets <60,000mmc

Loglio A, et al. AASLD 2021. LP36

# D-LIVR trial

**D-LIVR : PHASE 3 GLOBAL STUDY**  
**Delta-Liver Improvement and Virologic Response in HDV**



**Fully Enrolled!**  
 407 PATIENTS 20+ COUNTRIES 100+ SITES  
 Topline Data Planned by End of 2022



**Primary Endpoint at Week 48**

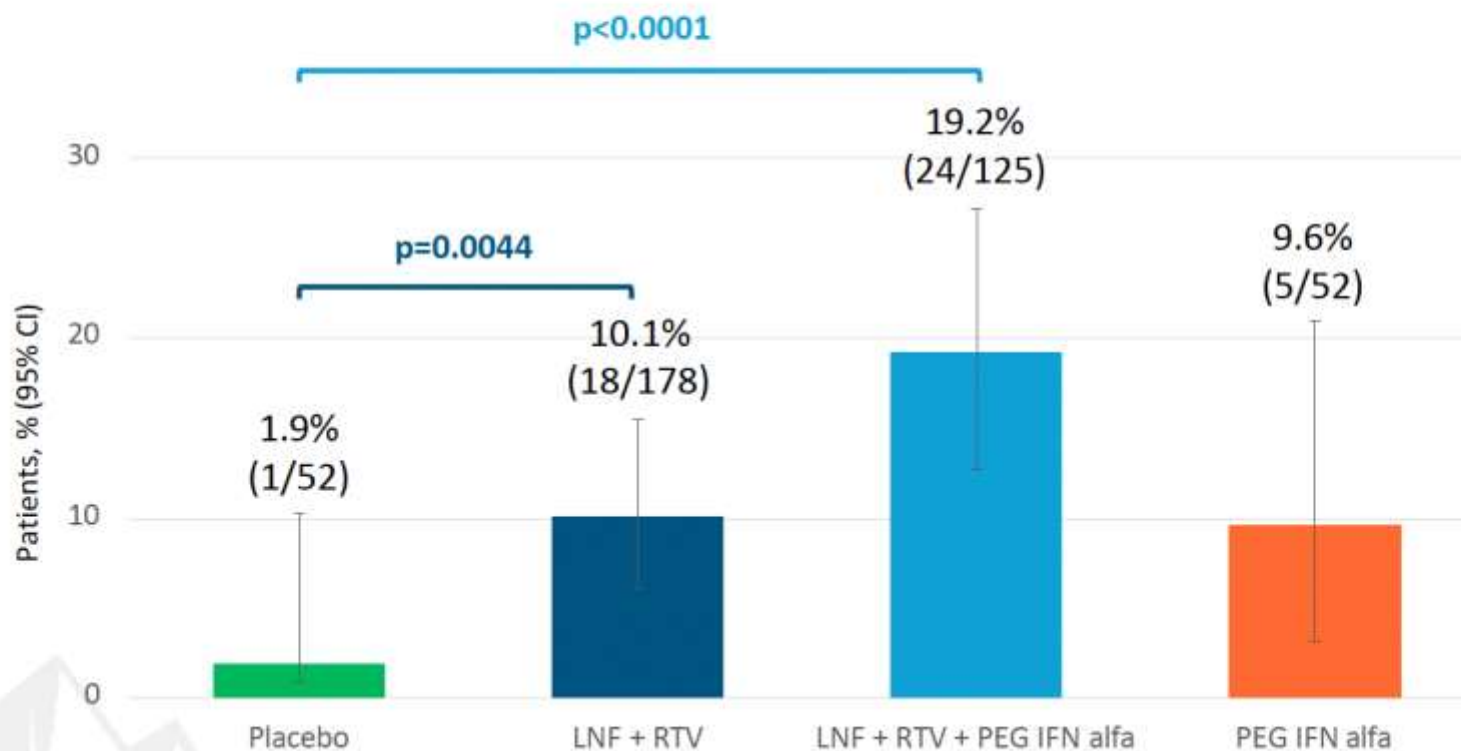
- $\geq 2$  log decline in HDV RNA + Normalization of ALT

**Secondary Endpoint at Week 48**

- Histologic improvement
  - $> 2$ -point improvement in HAI inflammatory score
  - No progression in fibrosis
- Improvement of fibrosis

# Primary Endpoint Achieved with Significance in BOTH Arms

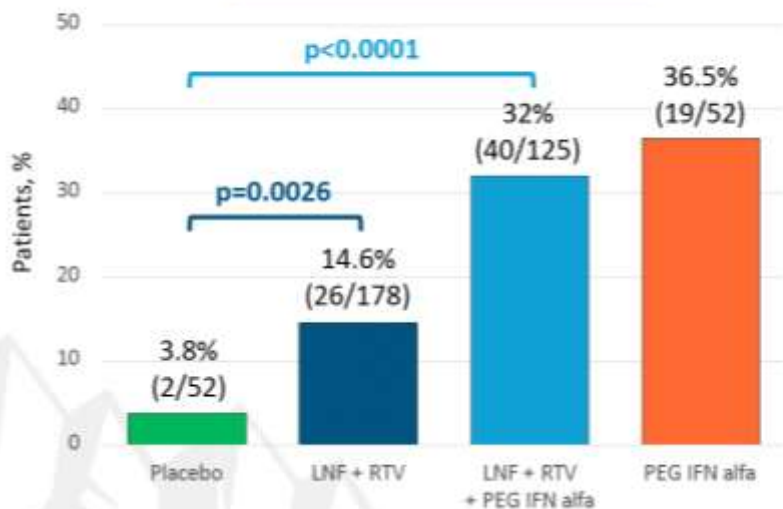
% PATIENTS ACHIEVING COMPOSITE  $\geq 2$  LOG DECLINE IN HDV RNA + ALT NORMALIZATION AT WEEK 48



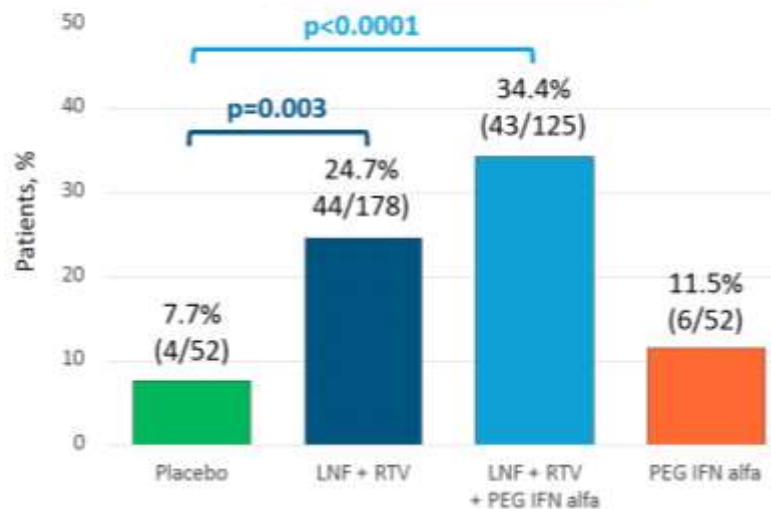
# Key Secondary Endpoints Achieved in BOTH Arms with Significance

## COMPONENTS OF COMPOSITE PRIMARY ENDPOINT AT WEEK 48

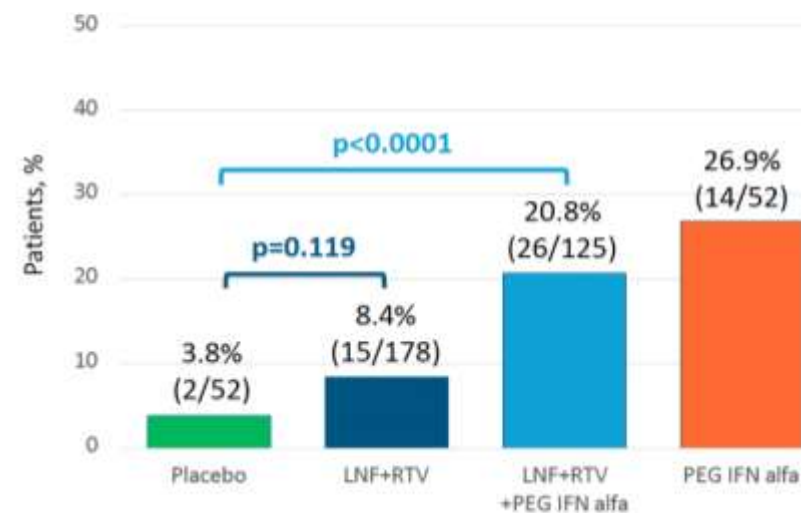
**Virological Response:  
≥ 2 Log Decline in HDV RNA**



**Biochemical Response:  
ALT Normalization**



**BLQ in HDV RNA**



# Histology Response Rates at Week 48

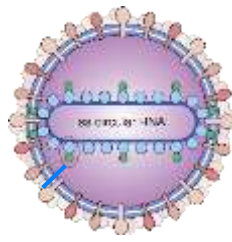
PATIENTS WITH EVALUABLE PAIRED BIOPSIES (n=229)

	% (n)			
Response	Oral n=107	Combo n=66	PEG IFN alfa n=26	Placebo n=30
Histologic Composite Endpoint	33% (35) (p=0.61)	53% (35) (p=0.0139)	38% (10) (p=0.46)	27% (8)

- Histologic Composite Endpoint:  $\geq 2$ -point improvement in HAI\* score + no worsening in Ishak fibrosis score
- Liver histology is the most direct way to assess improvements in:
  - Liver injury (necrosis and inflammation) measured by HAI score
  - Liver scarring (fibrosis) measured by fibrosis score



# Hepatitis delta: Conclusions



9-60 million people infected with HDV globally

Defective RNA virus, requiring HBV for infection

4.5-13% of HBV carriers co-infected with HDV



Most severe form of viral hepatitis

Increased risk of cirrhosis/HCC and higher mortality vs HBV

Progression to cirrhosis within 5 years and to HCC within 10 years



Eight HDV genotypes

Until recently, no approved therapeutic options



# Take-home Points

- HBsAg positive individuals should be screened for HDV with anti-HDV or HDV-Ag
- Anti-HDV positive patients should have HDV PCR testing
- HDV PCR positive individuals are at high risk for clinical complications and should be considered for treatment and liver cancer surveillance

## QUESTION

**A 27 yo man with a history of HBV and IDU presents to his PCP with fatigue. He is on TdF**

Labs:

AST 275

ALT 340

Tbili 0.9

HIV negative

HBsAg+, HBeAb +

HBV DNA Negative

What should you do next?

1. Request HDV Ab
2. Request HDV RNA
3. Order HBV Resistance panel
4. Switch TdF to ETV



## QUESTION

**A 27 yo man with a history of HBV and IDU presents to his PCP with fatigue. He is on TdF**

Labs:

AST 275

ALT 340

Tbili 0.9

HIV negative

HBsAg+, HBeAb +

HBV DNA Negative

What should you do next?

1. Request HDV Ab
2. Request HDV RNA
3. Order HBV Resistance panel
4. Switch TdF to ETV

In this individual with HBsAg and IDU he is at risk for HDV exposure. Antibody testing is the appropriate test and if positive, HDV RNA should be done. There is no reason to obtain resistance testing or to change therapy with the HBV is well controlled.



## QUESTION

**47 yo man with  
HBV/HDV  
coinfection  
presents for routine  
evaluation.**

Labs:

ALT 22

AST 19

Tbili 0.3

CBC normal

HBsAg+, HBeAb+

HBV DNA negative

HDV Ab +



What would you recommend?

1. No further testing
2. FibroScan
3. RUQ US
4. HDV RNA

## QUESTION

**47 yo man with  
HBV/HDV  
coinfection  
presents for routine  
evaluation.**

Labs:

ALT 22

AST 19

Tbili 0.3

CBC normal

HBsAg+, HBeAb+

HBV DNA negative

HDV Ab +



What would you recommend next?

1. No further testing
2. FibroScan
3. RUQ US
4. HDV RNA

RUQ US should be done for liver cancer screening. Although FibroScan can help determine fibrosis, it will misclassify 25% of those with HBV/HDV and would not change liver cancer screening in a man over the age of 40. HDV RNA will also inform if the HDV is active but therapy may not be indicated with normal liver enzymes.

# Thank you.



Rush University Medical Center

Excellence is just the beginning.