

Are we really going to do mechanical
thrombectomy for ASPECTS <6?

(Okay, but I have concerns.)

Ram Gowda, MD

Division of Stroke and Neurocritical Care

Department of Neurology

Rutgers Robert Wood Johnson Medical School

WHAT ABOUT VERY LOW ASPECTS?

Very low numbers of patients with ASPECTS 0-2

Only 8 patients in RESCUE-Japan LIMIT, only 20 patients in SELECT2

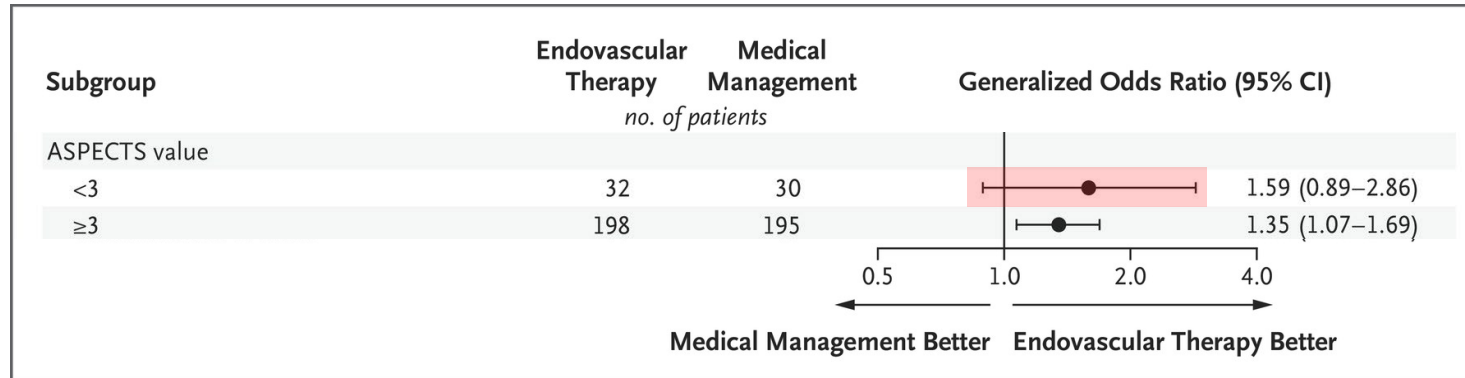
ANGEL-ASPECT had more substantial numbers:

62 patients with ASPECTS 0-2

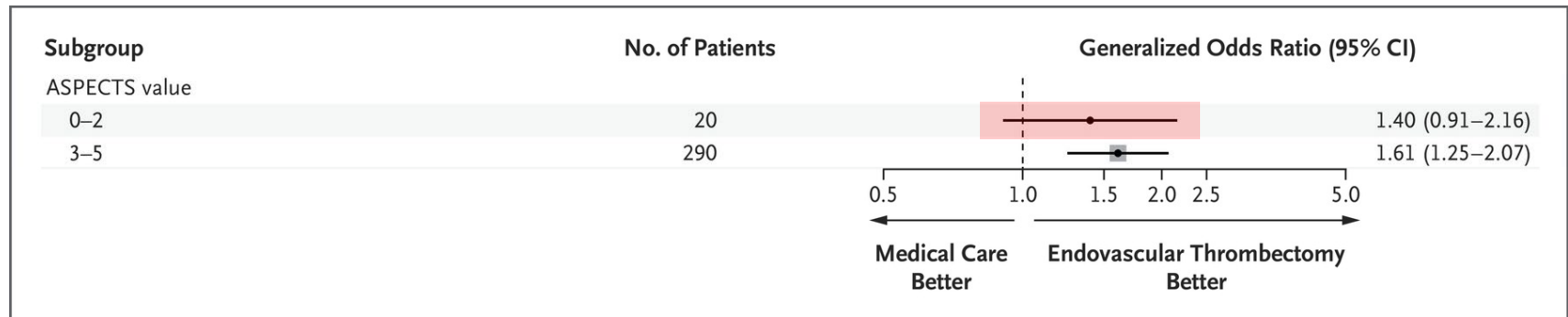
...but these patients required core infarct 70-100mL

ASPECTS 0-2 subgroup did not have robust benefit

ANGEL-ASPECT



SELECT2



Even ASPECTS 3 didn't perform well?

ASPECTS 0-3 in RESCUE-Japan LIMIT (8 patients 0-2, 98 patients 3) did not show significant improvement in rate of independence, ambulation, or ordinal shift in mRS at 90d

Outcome	No. (%)		OR (95% CI)	P value	P value for interaction
	EVT group	No-EVT group			
ASPECTS ≤3 (n = 106), No.	56	50	NA	NA	NA
Primary outcome					
mRS score of 0-3 at 90 d	12 (21.4)	9 (18.0)	1.24 (0.47-3.26)	.66	.01
Secondary outcomes					
mRS score of 0-2 at 90 d	3 (5.4)	6 (12.0)	0.42 (0.10-1.77)	.23	.003
mRS score of 0-1 at 90 d	0	2 (4.0)	NA	NA	NA
Ordinal shift across the range of mRS toward a better outcome	NA	NA	1.56 (0.79-3.10)	.20	.046

PREPARE FOR COMPLICATIONS

Consistent increased intracranial hemorrhage risk

RESCUE-Japan LIMIT

symptomatic hemorrhage within 48h: MT 9% vs med 4.9%, RR 1.84 (0.64-5.29)
any hemorrhage within 48h: 58% vs 31.4%, RR 1.85 (1.33-2.58)

ANGEL-ASPECT

symptomatic hemorrhage within 48h: MT 6.1% vs 2.7%, RR 2.07 (0.79-5.41)
any hemorrhage within 48h: 49.1% vs 17.3%, RR 2.71 (1.91-3.84)

SELECT2

symptomatic hemorrhage within 24h: MT 0.6% vs 1.1%, RR 0.49 (0.04-5.36)

Meta-analysis

symptomatic hemorrhage MT 4.72% vs 2.59%, RR 1.83 (0.95-3.55)

PREPARE FOR COMPLICATIONS

Early neuro deterioration

SELECT2 reported early neuro decline (nihss incr by at least 4 in 24h)
MT 24.7% vs med 15.5%, RR 1.59 (1.03-2.45)

Early neurologic worsening associated with worse functional outcomes
Associated with larger ischemic core (median 107mL vs 77mL)

PREPARE FOR COMPLICATIONS

Early neuro deterioration

Not clearly driven by symptomatic hemorrhage

SELECT2: cerebral edema w/ midline shift: MT 34.8% vs med 28.7%

ANGEL-ASPECT: malignant brain edema: MT 17.4% vs med 12.4%

Did not translate into higher hemicraniectomy rates

Combined trial data: MT 8% vs med 7%, RR 1.22 (0.43-3.41)

PREPARE FOR COMPLICATIONS

Procedural complications

RESCUE-Japan LIMIT: 9% procedural complication rate

ANGEL-ASPECT: only 1% vessel injury rate

SELECT2: 18.5% procedural complication rate

combination of patient and operator factors

ICU BURDEN

Robust evidence of benefit...but high rate of poor outcome

combined data: 90d mRS 5-6: MT 39% vs med 52%

NNT for mRS 0-2: 7

NNT for mRS 0-3: 6

Medical complications

10-25% rate of pneumonia across 3 trials