



CE Accredited Live Activity Provided Jointly by
Rutgers Robert Wood Johnson Medical School
Department of Medicine
and RWJBarnabas Health Digestive Health

Overview

This multidisciplinary CME program is designed to address critical gaps in the rapidly evolving field of gastroenterology. Advances in endoscopic technology, artificial intelligence, and therapeutic options have transformed the management of gastrointestinal diseases yet challenges remain in integrating these innovations into clinical practice.

Healthcare providers face variability in applying evidence-based guidelines, selecting appropriate endoscopic interventions, utilizing emerging technologies, and managing complex chronic GI conditions. Additional gaps in care coordination, quality metrics, and patient-centered care continue to impact outcomes.

Through expert-led presentations, case-based discussions, and practical insights, this program will equip clinicians with the ability to apply current evidence to GI bleeding, pancreaticobiliary disease, hepatology, IBD, and advanced polyp management; tools needed to enhance diagnostic accuracy, use biomarkers and endoscopic findings more effectively in care decisions; select appropriate endoscopic therapies with greater confidence, and improve interdisciplinary coordination and patient follow-up; improve procedural quality, and deliver high-value, patient-centered care.

Target Audience

This activity is designed for physicians, advanced practice providers, nurses and other allied health professionals involved in the care of patients with gastrointestinal disease, including those working in gastroenterology, hepatology, inflammatory bowel disease, endoscopy, and related procedural services.

Learning Objectives

Upon completion of this activity, participants should be better able to:

- Apply current evidence-based guidelines to the diagnosis and management of common and complex gastrointestinal disorders.
- Evaluate and select appropriate endoscopic techniques and interventions, including advanced therapeutic procedures, based on patient-specific factors.
- Integrate emerging technologies, including AI-assisted imaging and advanced diagnostics, into clinical and endoscopic practice.
- Optimize management strategies for chronic GI diseases, including IBD and liver disease, using current evidence and therapeutic options.
- Implement quality and safety measures to improve endoscopic outcomes and reduce complications.
- Enhance multidisciplinary communication and coordination to improve continuity and efficiency of care.
- Integrate multidisciplinary communication and care pathways to improve safety, efficiency, and continuity across GI and endoscopy services.
- Apply practical implementation strategies that improve adoption of current evidence in real-world gastroenterology and endoscopy practice.

Accreditation



In support of improving patient care, this activity has been planned and implemented by Rutgers Biomedical and Health Sciences and RWJBarnabas Health. Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians: Rutgers Biomedical and Health Sciences designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is awarded 7.5 ANCC contact hours. Nurses should only claim those contact hours actually spent participating in the activity.



Physician Assistants: Rutgers Biomedical and Health Sciences has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 7.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



ABIM MOC Points: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Method of Participation

In order to meet the learning objectives and receive continuing education credits, participants are expected to check in at the registration desk, attend the program and complete an online evaluation form at the conclusion of the activity. A CE certificate will be emailed to participants upon completion of the online evaluation.

Activity Directors

Petros Benias, MD, Professor of Medicine, Co-Chief of Endoscopy, Vice President, GI Clinical Operations, Director of Endoscopic Surgery, Rutgers Robert Wood Johnson Medical School

Arvind Trindade, MD, Professor of Medicine, Co-Chief of Endoscopy, Vice President, GI Clinical Operations, Director of Endoscopic, Director of the Barrett's Esophagus Program, and Director of Endoscopic Research Program, Rutgers Robert Wood Johnson Medical School

Planning Committee

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Aprille Adoremos, RN, Director, Patient Care of Endoscopy Room, Robert Wood Johnson University Hospital

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Shaina Yadav, PA, Advanced Practice Provider, Robert Wood Johnson University Hospital

Disclaimer

The views expressed in this activity are those of the faculty. It should not be inferred or assumed that they are expressing the views of any manufacturer of pharmaceuticals or devices, Robert Wood Johnson University Hospital, or Rutgers Health.

It should be noted that the recommendations made herein with regard to the use of therapeutic agents, varying disease states, and assessments of risk, are based upon a combination of clinical trials, current guidelines, and the clinical practice experience of the participating presenters. The drug selection and dosage information presented in this activity are believed to be accurate. However, participants are urged to consult all available data on products or procedures before using them in clinical practice.

RWJBarnabas Health and Rutgers Health reserve the right to modify the activity content and faculty if necessary.

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For questions or concerns regarding this activity, please contact CCOE at ccoe@rbhs.rutgers.edu

Guest Faculty

David L. Carr-Locke, MD, Professor of Medicine, Professor of Medicine in Pediatrics, Clinical Director for the Center for Advanced Digestive Care. Weill Cornell Medical College

Gregory B. Haber, MD, Professor of Medicine, NYU Grossman School of Medicine; Chief, Endoscopy NYU Langone Health

Ira Jacobson, MD, Professor of Medicine, NYU Grossman School of Medicine; Director, Clinical Research Hepatology Program, Division of Gastroenterology and Hepatology, NYU Langone Health

Rutgers Health Faculty

H. Richard Alexander, Jr, MD, Chief Surgical Officer, Chief, Surgical Oncology, Rutgers Cancer Institute; Surgeon-in-Chief, Jack & Sheryl Morris Cancer Center; System Director, Surgical Oncology, RWJBarnabas Health; Professor of Surgery, Rutgers Robert Wood Johnson Medical School

Petros Benias, MD, Professor of Medicine, Co-Chief of Endoscopy, Vice President, GI Clinical Operations, Director of Endoscopic Surgery, Rutgers Robert Wood Johnson Medical School

Steven Brant, MD, Professor of Medicine, Chief, Division of Gastroenterology and Hepatology, Rutgers Robert Wood Johnson Medical School; Executive Director Crohn's and Colitis Center of NJ

Paul J. Gaglio, MD, Professor of Medicine, Director, Division of Liver Disease and Transplant Hepatology, Department of Medicine, Rutgers New Jersey Medical School; Medical Director, Liver Transplantation, University Hospital

Meghanna Ghattu, MD, Gastroenterology Fellow, Rutgers Robert Wood Johnson Medical School

Kaveh Hajifathalian, MD, MPH, Associate Professor of Medicine, Director, Division of Gastroenterology and Advanced Endoscopy, Department of Medicine, Rutgers New Jersey Medical School

Keerthi Kesavarapu, DO, Assistant Professor of Medicine Director of Center for Metabolic Health and Weight Management Rutgers Robert Wood Johnson Medical School

Vivek Lingiah, MD, Assistant Professor of Medicine, Division of Liver Disease and Transplant Hepatology, Rutgers New Jersey Medical School

Micheal Ma, MD, Assistant Professor of Medicine, Rutgers Robert Wood Johnson Medical School

Jade Marhaba, MD, Advanced Endoscopy Fellow, Rutgers Robert Wood Johnson Medical School

Mohamad Aghaie Meybodi, MD, Advanced Endoscopy Fellow, Rutgers New Jersey Medical School

Ankoor H. Patel, MD, Gastroenterology Fellow, Rutgers Robert Wood Johnson Medical School

Anish Patel, Associate Professor of Medicine; Program Director, Gastroenterology Fellowship Program, Rutgers Robert Wood Johnson Medical School

Lucia Romero-Socorro, MD, Assistant Professor of Medicine, Division of Liver Disease and Transplant Hepatology, Rutgers New Jersey Medical School

Ellen Stein, MD, Associate Professor of Medicine, Director, Motility Center, Division of Gastroenterology and Hepatology, Rutgers Robert Wood Johnson Medical School

Arvind Trindade, MD, Professor of Medicine, Co-Chief of Endoscopy, Vice President, GI Clinical Operations, Director of Endoscopic, Director of the Barrett's Esophagus Program, and Director of Endoscopic Research Program, Rutgers Robert Wood Johnson Medical School

Nevin Varghese, MD, Gastroenterology Fellow, Rutgers Robert Wood Johnson Medical School

Agenda

7:00 am	<i>Registration/Continental Breakfast/Exhibits</i>	
7:30 am	Welcome and Introductions	
7:40 am	GI Bleeding and Hemostasis • Classification of Bleeding Lesions • Approach to PUD • Approach to Esophageal and Gastric Varices • New Tools and Techniques for Managing GI Bleeding Case Presentations	Michael Ma, MD Anish Patel, MD Ellen Stein, MD Arvind Trindade, MD
8:40 am	Emerging Modalities in the Detection and Treatment of GI Bleeding	Kaveh Hajifathalian, MD, MPH
9:10 am	Pancreaticobiliary • Early High Risk Pancreatic Lesions • Pancreatic Cancer Screening • Managing Complex Biliary Obstruction • Innovations in Surgical Management of Pancreas Cancer Case Presentations	Petros Benias, MD Kaveh Hajifathalian, MD, MPH Michael Ma, MD Jade Marhaba, MD Arvind Trindade, MD
10:10 am	Advances in the Operative Management of Pancreatic Neoplasms: What Every Gastroenterologist Should Know	H. Richard Alexander, MD
10:40 am	<i>Refreshments Break/Exhibits</i>	
10:55 am	Hepatology • Algorithm for Abnormal LFTs • Metabolic Dysfunction Associated Steatotic Liver Disease • New Medications for the Treatment of MASLD Case Presentations	Paul J. Gaglio, MD Meghanna Ghattu, MD Keerthi Kesavarapu, DO Anish Patel, MD Lucia Romero-Socorro, MD
11:55 am	New Therapies for MASLD	Ira Jacobson, MD
12:25 pm	<i>Lunch/Exhibits</i>	
1:10 pm	NJ Crohns and Colitis Foundation Lecture IBD: Tackling the Growing Problem of Immune Diseases - Causative Mechanisms and New Therapies	Steven Brant, MD

1:40 pm	Large Polyps and Dysplasia • Categorizing Polyps - Large and Small • EMR vs ESD • Ablation for Management of Polyps and Dysplasia • Management of Barrett's Esophagus Case Presentations	Petros Benias, MD David L. Carr-Locke, MD Kaveh Hajifathalian, MD, MPH Michael Ma, MD Ankoor Patel, MD Arvind Trindade, MD
2:40 pm	Precision Polyp Resection: Safe Techniques for Effective Removal	Gregory B. Haber, MD
3:10 pm	Endoscopy Past Present and Future	David L. Carr- Locke, MD
3:40 pm	<i>Adjourn</i>	
4:00 pm	<i>Reception</i>	
	Industry Sponsored Workshops <i>(CE Credit will not be offered for these sessions)</i>	
	Managing Energy Modalities	
	Understanding Stent Technology - Uses and Differences	
	New Disposable Scope Technology - Duodenoscopes and Cholangioscopes	
	Artificial Intelligence in Endoscopy	
	Endoscopic Closures Devices	

Peer Review

In order to help ensure content objectivity, independence, and fair balance, and to ensure that the content is aligned with the interest of the public, Rutgers Biomedical and Health Sciences (RBHS) has resolved all potential and real conflicts of interest through content review by non-conflicted, qualified reviewers. This activity was peer-reviewed for relevance, accuracy of content, and balance of presentation by:

Keerthi Kesavarapu, DO

Scott C. Ventre, DO, Gastroenterologist, RWJBarnabas Health

Disclosure Declarations

In accordance with the disclosure policies of RBHS and to conform with Joint Accreditation requirements and FDA guidelines, individuals in a position to control the content of this educational activity are required to disclose to the activity participants: 1) the existence of any relevant financial relationship with any ineligible company, i.e., a company whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients, within the past 24 months; and 2) the identification of a commercial product/device that is unlabeled for use or an investigational use of a product/device not yet approved. All of the relevant financial relationships listed have been mitigated.

Planners, Faculty and Reviewers

The following planners, faculty and reviewers have no relevant financial relationships with ineligible companies to disclose:

Aprille Adoremus, RN

H. Richard Alexander, Jr, MD

Meghanna Ghattu, MD

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Shaina Yadav, PA

The following planners and faculty have relevant financial relationships with ineligible companies:

Petros Benias, MD: *Consultant*: Boston Scientific, Micro-Tech Endoscopy

Steven Brant, MD: *Grant/Research Support*: Bristol Myers Squibb

David L. Carr-Locke, MD: *Royalties/Patent Beneficiary*: Steris

Paul J. Gaglio, MD: *Member, Advisory Board*: AbbVie, Gilead Sciences, Madrigal Pharmaceuticals, Mallinckrodt, Salix Pharmaceuticals

Gregory B. Haber, MD: *Consultant*: Micro-Tech Endoscopy, Olympus; *Paid Speaker*: Boston Scientific, Ovesco Endoscopy

Ira Jacobson, MD: *Consultant*: Aligos Therapeutics, AusperBio Therapeutics, Gilead Sciences, GlaxoSmithKline, Intercept Pharmaceuticals, Ipsen Bioharmaceuticals, Madrigal Pharmaceuticals, Mirum Pharmaceuticals, Vir Biotechnology; *Grant/Research Support*: 89Bio, Akero Therapeutics, Aligos Therapeutics, AusperBio Therapeutics, Bluejay Therapeutics, Gilead Sciences, Ipsen Biopharmaceuticals, Lilly, Madrigal Pharmaceuticals, Merck, Mirum Pharmaceuticals, Novo Nordisk, Vir Biotechnology; *Member, Safety Monitoring Committee*: GlaxoSmithKline, Precision Biosciences, Takeda Pharmaceuticals; *Member, Advisory Board*: Aligos Therapeutics, AusperBio Therapeutics, Intercept Pharmaceuticals, Ipsen Biopharmaceuticals, Madrigal Pharmaceuticals Barinthus Biotherapeutics, Mirum Pharmaceuticals, Vir Biotechnology

Rutgers Health Center for Continuing and Outreach Education Staff

Patrick Dwyer, Director, Continuing Medical Education, and Keisha Ferguson, Program Support Coordinator, have no relevant financial relationships with ineligible companies to disclose.

All of the relevant financial relationships listed have been mitigated.

Off-Label/Investigational Use

Speakers are required to disclose discussion of off-label/investigational uses of commercial products/devices in their presentation. These disclosures will be made to the audience at the time of the activity.

WiFi

Network: **BHGUEST** Password: **bhwifi!!**

Audience Handout

There will be no handouts provided at the activity. Speaker slide presentations are available online at:

<https://sites.rutgers.edu/ccoe/27MC01/>



Evaluation and CE Certificates

Following the program, we ask that you take a few moments to complete the on-line evaluation to assist us in assessing the effectiveness of this activity and to make recommendations for future educational offerings. Your response will help ensure that future programs are informative and meet the educational needs of all participants.

In order to obtain a CE certificate, you must complete the on-line evaluation. The evaluation and certificates are ONLY available online.

An email will be sent to you no later than Thursday, October 1, 2026 with instructions for accessing the evaluation and obtaining your CE certificate.

ABIM MOC Points

ABIM Board Certified Physicians seeking ABIM MOC Points are also required to complete an online post-test consisting of a series of multiple-choice questions and achieve a minimum passing score. Upon successfully completing the post-test in addition to completing the online evaluation described above, RBHS will report your participation and MOC points to ABIM through ACCME, the CME accrediting body, approximately 4 weeks after the activity. You will be notified when this is complete.

An email will be sent to physicians no later than Thursday, October 1, 2026 with instructions for accessing the post-test.

Parking

Complimentary valet parking is available. Valet station can be found behind the Cancer Center on 15 Division Street. Self-parking will be charged at the Cancer Center's customary rates.



Supporters

This activity is supported in part by an educational grant from

Medtronic, Inc.

Boston Scientific Corporation

FUJIFILM Healthcare Americas Corporation

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PENTAX of America, Inc.

Exhibitors

We wish to thank our exhibitors for their participation.

Please visit our exhibit hall to find relevant educational materials.

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